

Resources for Utah's Renters

Updated June 15, 2021



Emergency Rental Assistance

- <https://rentrelief.utah.gov/>
- Can help renters who are unable to pay their rent and utilities due to circumstances related to COVID-19.

Other Rental Assistance and Case Management

- <https://rentrelief.utah.gov/contacts/>
- Connect with the Community Action Agency in your county or your region to access other sources of rental assistance.

Mediation

- Even in a good business relationship, there are sometimes disagreements. If talking with or writing to your landlord over a specific issue is not working, you can attempt to enter mediation with the landlord.
 - Salt Lake Valley or Tooele: Utah Community Action (Landlord Tenant Mediator) at 801-214-3109.
 - Summit and Wasatch Counties: Mountain Mediation Center 435-336-0060
 - Elsewhere in Utah: Utah Dispute Resolution 877-697-7175

Legal Representation

- **People's Legal Aid**
 - <https://www.plautah.org/>
 - 801-477-6975
 - [Legal Information](#)
 - [How Eviction Works in Utah](#)
- **Utah Legal Services**
 - [Who Qualifies to Get Help?](#)
 - [Contact](#)
 - **Salt Lake City**

Address: 205 N 400 W Salt Lake City, UT 84103 ([get Directions](#))

Phone: (801) 328-8891

Fax: (801) 869-2715

Email: [Mary Lyman](mailto:Mary.Lyman@utahhousing.org)

➤ **Provo**

Address: 455 N University Ave, Ste. 100, Provo, UT 84601 ([get Directions](#))

Phone: (801) 374-6766

Fax: (801) 655-5350

Email: [Sharon White](#)

➤ **Ogden**

Address: 298 24th St, Ste. 110, Ogden, UT 84401 ([get Directions](#))

Phone: (801) 394-9431

Fax: (801) 827-0420

Email: [Gary Anderson](#)

➤ **St. George**

Address: 229 St George Blvd, Ste. 103, St George, UT 84770 ([get Directions](#))

Phone: (435) 628-1604

Fax: (435) 986-7163

Contact: [Stephanie Large](#)

Home Energy Assistance Target (HEAT) Program

- The HEAT Program provides year-round energy assistance and energy related crisis assistance for eligible low-income households throughout Utah.
- [Information on how to apply](#)
- Call the HEAT Program line at 1-866-205-4357.

Rocky Mountain Power

- [Bill Payment Assistance](#)
- Call this number to discuss payment options with Rocky Mountain Power 1-888-221-7070

Financial Assistance for Internet Services during COVID-19

- The [Emergency Broadband Benefit](#) (EBB) program is a Federal Communication Commission program that helps households **struggling to pay for internet service during the coronavirus pandemic**. This new benefit connects eligible households to jobs, critical healthcare services, and virtual classrooms.

Food Access

- <https://uah.org/covid19>
- Benefits and Food Resources from Utahns Against Hunger

Child Tax Credit Non-filer Sign-up Tool

- <https://www.irs.gov/credits-deductions/child-tax-credit-non-filer-sign-up-tool>
- **Who Should Use This Tool**
 - Use this tool to report your qualifying children born before 2021 if you:
 - Are not required to file a 2020 tax return, didn't file one and don't plan to; and
 - Have a main home in the United States for more than half of the year.
 - Also, if you did not get the full amounts of the first and second Economic Impact Payment, you may use this tool if you:
 - Are not required to file a 2020 tax return, didn't file and don't plan to, and
 - Want to claim the 2020 Recovery Rebate Credit and get your third Economic Impact Payment.

Healthcare

- Contact Utah Health Policy Project team for free assistance signing up for health insurance through Utah Medicaid, CHIP, or the healthcare.gov Marketplace:
 - [English](#)
 - [Español](#)
 - Open enrollment for Health insurance 801-433-2299

Mental Health

- <https://www.namiut.org/our-programs> or call 801-323-9900
- NAMI Utah offers free support groups and education for anyone impacted by mental health conditions throughout Utah – including those with mental health conditions and their family members or loved ones. Our popular programs, in English and Spanish, educate and support participants, helping them realize they are not alone, recovery is possible and treatment works.

Suicide Prevention

- <http://utahsuicideprevention.org/>
- Live On is a statewide effort to prevent suicide by promoting education, providing resources, and changing our culture around suicide and mental health. Together we can get through, reach out, lift up, look ahead, and Live On.
- **HELP LINES**
 - National Suicide Prevention Lifeline at 1-800-273-8255 or [visit the website for more info](#)

- UNI Crisis Line at 801-587-3000

Recovery Support Services

- <https://www.myusara.com/support/>
- Recovery Support Services are provided by people who share their lived-experience of addiction and recovery. In the continuum of treatment for Substance Use Disorders, Recovery Support Services offer clients a network for building strong and mutually supportive relationships with informal supports and formal systems in their communities. Recovery Support Services are strengths-based to promote and encourage recovery.
- [Online Recovery Resources](#)

Domestic Violence

- [Utah Domestic Violence Coalition](#)
- **24-Hour LINKLine**
 - Free and confidential help and support for victims and survivors of domestic and intimate partner violence is available 24/7: **1-800-897-LINK (5465)**
 - If you or someone else is in immediate danger, or in an emergency, call 9-1-1 immediately.

Anti-discrimination and Fair Housing

- <https://laborcommission.utah.gov/divisions/utah-antidiscrimination-and-labor-uald/fair-housing/>
- The Antidiscrimination and Labor Division (UALD) Fair Housing unit administers and enforces the [Utah Fair Housing Act, Utah Code Ann. §57-21-101 et seq.](#), which prohibits discrimination on the basis of race, color, sex, religion, national origin, disability, source of income, familial status, sexual orientation, or gender identity. The Act specifically prohibits discrimination against anyone who wants to rent or purchase real property (houses, condos apartments, etc.) based on the listed categories.

Other Resources

- [2-1-1 Resources & Referral](#)

United Way 2-1-1 Information and Referral is a statewide service of United Way of Salt Lake that connects people to important health, human, and community service programs.

 - **Call 2-1-1 to access resources state-wide**
- [Disability Law Center](#)

The Disability Law Center (DLC) is a private non-profit organization. We are designated as the Protection and Advocacy agency for the state of Utah to protect the rights of people with disabilities in Utah.

 - **[Contact:](#)**

- 205 North 400 West
Salt Lake City, UT 84103
(800) 662-9080 phone
(801) 363-1437 fax
- Intake Hours
MON-THURS: 9:00am-4:00pm
FRIDAY: 9:00am-1:00pm
SAT-SUN: Closed
- Video Relay Services
Contact us for free by video relay, [visit Sorenson Video Relay Services.](#)